



April 4, 2009

Promoting Literacy Awareness
5K Run/Walk for Reading

(Due to insurance regulations, roller blades, strollers, bicycles and pets will not be allowed on the course. Use of earphones and/or headsets is prohibited)

Preparing today for tomorrow's dreams through literacy awareness.

DATE TIME PLACE: Saturday morning, April 4, 2009. 8:30 a.m. Start and Finish at the Jefferson City Pool location.

COURSE DESCRIPTION: Loop course at Carson-Newman.

REGISTRATION AND FEES: Runners may pre-register or sign up the morning of the race from 7:30 until 8:00 a.m. at the Jefferson City Swimming Pool location. Pre-registration fee (postmarked by 3/25/09) is \$15 and late registration \$20.

T-SHIRTS: short-sleeved

AWARDS: Awards to masters male (40+) and masters female (40+) overall, male and female overall in 14 and under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69 & 70-79, 80+.

INFORMATION: Contact Race Director- Channie Phagan at 865-382-3854 or e-mail phaganc@k12.tn.net

Official April 4, 2009 5K Run for Reading Entry Form

Registration form fields: Race Number, Address, Last Name, City, State, Zip, First Name, Phone, e-mail, Gender, In case of emergency call, Age, Date of Birth, Circle T-shirt size.

Fill out completely and mail with entry fee to:

Cindy Ramsey
Mossy Creek Literacy Council
451 Ritz View Drive
Blaine, TN 37709

Make checks payable to: Mossy Creek Literacy Council (no refunds)

We reserve the right to disqualify anyone who exhibits unsportsmanlike conduct or is abusive to volunteers

ATHLETE'S RELEASE: PLEASE READ, YOU MUST SIGN AND DATE TO RUN. I know that running and volunteering to work in club races are potentially hazardous activities. I should not enter and run in the 5K Run for Reading unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running and /or volunteering to work in the aforementioned race, including but not limited to falls, contact with other participants, the effects of weather, including high heat or humidity, ice and snow, the condition of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in the consideration of your acceptance of my application, I for myself, and anyone entitled to action on my behalf, waive and release Mossy Creek Literacy Council, or any and all members thereof, and all further sponsors, their representatives, successors, from all claims or liability of any kind arising out of my participation in the aforementioned event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I also grant permission to all the foregoing to use any photograph, motion pictures, recordings or any other record of this event for any legitimate purpose.

Athlete's Signature, If under 18, parent's signature, Date, I'm unable to participate in the 5K Run for Reading. Here is my donation of \$